

**What is...**

*E-safety*



# **Information and resource Pack**

Designed by learners of:



## **E-safety**

**E-safety** is a term which means not only the internet but other ways in which people communicate using electronic media, e.g. mobile phones. It means ensuring that people are protected from harm and are supported to achieve the maximum benefit from new and developing technologies, without risk to themselves or others.

### **How to say safe online**

#### **Receiving a friends request off somebody you don't know**

You should delete the request if you don't recognise the person, a friend is someone you know and trust and have interacted with over time.

#### **Creating a password**

You should create passwords or use passphrases (a group of words) that are easy to remember, **BUT hard to guess**. Make your passwords long, strong and unique by using a combination of upper and lowercase letters, numbers and symbols.

#### **Know who you are talking to**

Use caution when interacting with new people. There is nothing wrong with being suspicious and extremely guarded about sharing any personal information.

#### **Shopping online**

Check the sites are security enabled. Look for web addresses with "https://," which means the site takes extra measures to help secure your information. "Http://" is not secure.

#### **Receive a message from a person who says they are your friend**

Let someone else know and let them help you make the right decision about messaging them back, you never know if an account is fake.

### The best way to use social networking sites such as Facebook

Make sure you know who you are talking to, limit your time online and set the privacy and security settings on websites to your comfort level for information sharing.

### Chain messages (sent to ten friends)

Delete the message, you never know what could contain a virus.

### Gaming sites and social networking sites (Facebook)

Trusted sites can be safer. However, what you do on those sites – such as clicking on posts with links or using apps – can put you at risk, no sites are fully safe.

### Be nice to others online

You cannot say what you want to people online, just because you are not directly saying things to their face, doesn't mean it isn't hurtful.

### Making fake accounts

Faking social media accounts is illegal and could lead to criminal charges

### Downloading music from sharing sites

This is the same as stealing from a store and you are stealing from your favourite artists as well.

## Test your knowledge

1) Toni is on Facebook and receives a friend request from a person that he does not know. What should he do?

- Accept the friend request. It's rude to ignore them.
- Delete the friend request.
- Send them a message and ask "How do I know you?"

2) When you create passwords, it doesn't matter if it is short or long.

- True
- False

3) You receive a message from a person who says they are your friend, Alex. They want to meet you in the park later that evening. Do you:

- Tell someone else about the text/message and ignore them?
- Ask the person a question only Alex would know the answer to?
- Go to the park and meet your friend Alex?

4) You should always know who you're talking to online.

- True
- False

5) You receive a message that tells you to pass it on to 10 of your closest friends. Do you:

Send the message to your friends

Delete the message

6) When it comes to online shopping, you can safely shop from any site.

True

False

Not sure

7) What is the best way to use Facebook; Instagram; SnapChat and other social networking sites?

Limit the amount of information I share about myself.

to  Make my page private, except to the people I have as my friends and only talk to people I know.

Both of the above.

8) The great thing about the Internet is that you can say things you might not always say directly to someone's face.

True

False

9) It is not ok to download FREE music from music sharing sites.

True

False

10) You don't have to worry when you visit your favorite sites like Facebook and gaming sites, because they are safe.

True

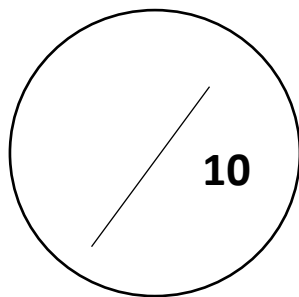
False

**Check your answers on the next page.**

## **Answer sheet**

- 1) Delete the friend request.
- 2) False
- 3) Tell someone else about text message and ignore them?
- 4) True
- 5) Delete the message.
- 6) False
- 7) All of the above.
- 8) False
- 9) True
- 10) False

**Score**



**E-safety word search**

S U Y C V S I I H N L C B E E  
D S R W W C W N L R Z H H R N  
K O E L S A S T A Q S Q U E Z  
S Q W R H M J E G Q U C I P Z  
T X D N D K B R E I E Z A Y O  
W R F E L D B N L S Y S W Q O  
G X X U L O A E L U S L C Z A  
D E L E T E A T I W J K E X J  
S X T I X E P D O V R O W T W  
E A O J B U Q R Q Y I K J X P  
H W F M V U D A F K I B M U Z  
Z G V E T B Z G C I K K N R D  
K O O B E C A F I M S E Y W L  
Q O B U Z U A K E J X X K Q N  
H X T R K W U W D O G H A W X

ADDRESS  
DELETE  
DOWNLOAD  
FACEBOOK  
ILLEGAL  
INTERNET  
PASSWORD  
SAFE  
SCAM  
SECURE



Word search answer sheet

