

Location	Employment Support	Education Support	Health and Wellbeing	Mentoring Support
Devon Wide Provision	<p>Jobcentre Plus - is an employment agency and social security office, whose aim it is to help people of working age find employment in the UK - https://find-your-nearest-jobcentre.dwp.gov.uk/</p> <p>Local Businesses – some local businesses will offer work experience and support for young people.</p> <p>Careers South West - deliver services that build aspiration and turn it into achievement, unlocking potential and developing individuals and organisations - https://cswgroup.co.uk/</p>	<p>Young Devon – offer a wide range of programmes and courses - https://www.youngdevon.org/</p> <p>Libraries unlimited – A variety of free courses and activities – www.devonlibraries.org.uk</p>	<p>Headspace App – Meditation has been shown to help people stress less, focus more and even sleep better – www.headspace.com</p> <p>Space – Youth Centres across Devon - www.spacepsm.org/youth-centres</p> <p>Pinpoint Devon – Pinpoint thousands of services and community groups across Devon - www.pinpointdevon.co.uk</p> <p>Independent travel training – To help young people throughout Devon learn how to develop the skills required for safe, independent travel - www.devon.gov.uk/educationandfamilies/school-information/school-and-college-transport/independent-travel-training</p> <p>Devon Recovery Learning – offers opportunities to learn about mental health and recovery - https://devonrlc.co.uk/</p> <p>Mind – Mental Health Charity - https://www.mind.org.uk/</p> <p>Talk Works – We are a free, confidential, NHS talking therapy service for people (aged 18+) in Devon - https://www.talkworks.dpt.nhs.uk/</p>	<p>Princes Trust – Help 11 to 30 year-olds who are unemployed or struggling at school to transform their lives – www.princes-trust.org.uk</p> <p>Get on Track (DKHT) – is a community-based personal, social and emotional development programme - www.damekellyholmestrust.org/pages/category/get-on-track</p> <p>Skills for Young People – programme of support for young people in the Heart of the Southwest to get into work, education and training – Groundwork deliver on this project in Plymouth, Petroc deliver on this project in North Devon but the project is county wide - https://cswgroup.co.uk/devon-somerset-skills-for-young-people-2/</p> <p>Bright futures – Bright Futures offers support to Young Adult Carers (aged 18-24) - https://www.brightfuturesdevon.co.uk/</p> <p>Pluss – help jobseekers who need the most specialist support to find work - https://www.pluss.org.uk/</p>
North Devon	<p>Bideford Library – CV writing group – www.devonlibraries.org.uk</p> <p>Happy Café – set up to support and train volunteers from the community of Torridge to learn to cook using affordable and local ingredients</p> <p>TTVS Voluntary centre – The Volunteer Centre provides support at a local level to volunteers and volunteer involving organisations – www.torridgecvs.org.uk/volunteering</p>	<p>Petroc –has a variety of courses and support available to young people - www.petroc.ac.uk</p>	<p>Clarity North Devon – a Mental Health Charity based in Barnstaple, Devon providing services and support to people experiencing mental health and emotional issues—www.claritynorthdevon.org.uk</p> <p>Exercise for Mental health – They recognise that for someone with mental health difficulties there may be barriers to becoming more active – www.torridgecvs.org.uk/services/exercise-for-mental-health</p> <p>Magpies Nest – craft workshops which are held on most Saturday's throughout the year and drop-in social clubs – can be found on Facebook</p>	<p>Wings South West – The have more than one project running to meet the needs of disadvantaged people in the North Devon area – www.wingscharity.com</p> <p>Grow@Jigsaw – A growing space for individuals to develop skills and takes control of their lives through horticulture – www.grow-jigsaw.org.uk</p> <p>Empowering Lives – Are an experienced organisation that provides supported living accommodation and community based support for adults with learning disabilities and vulnerable young people – www.empowering-lives.co.uk</p>
Torbay	<p>Eat That Frog – offer a drop-in 'job club' for people who are actively seeking work – www.eatthatfrog.ac.uk/work-club</p>	<p>South Devon College – has a variety of courses and support available to young people - www.southdevon.ac.uk</p>	<p>NHS Hope Programme - to help local people struggling with long-term health conditions; build confidence and learn how to manage their condition(s) better - https://www.torbayandsouthdevon.nhs.uk/services/hope-programme/</p> <p>Westward housing - Providing homes and supporting communities in the South West of England - https://www.westwardhousing.org.uk/</p>	<p>ICDT – Community Grants Confidence and Motivation courses - http://icandothat.co/</p>
Plymouth	<p>Building Plymouth - a council-led partnership that connects local people with career opportunities in the world of construction and the built environment https://www.buildingplymouth.co.uk/</p> <p>Racial Equality Council (BAME) - to build a fair and just society everyone must have an equal chance to live, work and learn free from prejudice, discrimination and racism. https://www.plymouthanddevonrec.org.uk/</p>	<p>Transferable Skills Training (TST) – is an education and training centre specialising in teaching vocational skills to young people and adults - https://www.transferableskillstraining.com/</p> <p>City College Plymouth – has a variety of courses and support available to young people - www.cityplym.ac.uk</p> <p>On Course - to offer a range of courses to support adult learners to reach their goals - www.oncoursesouthwest.co.uk</p> <p>Achievement Training – private training organisation offering a wide range of flexible educational and vocational training courses - https://www.achievementtraining.com/</p> <p>Acacia Training and Development - offers training services to businesses, individual employees and job seekers - www.acacia.ac.uk</p>	<p>Colebrook – To inspire and empower people and communities to achieve their independence and aspirations - www.colebrooksw.org</p> <p>Plymouth Options – offers a range of services to people experiencing common mental health problems - www.livewellsouthwest.co.uk/plymouth-options</p> <p>Asylum and Refugee Service – provide advice, support, education, IT facilities and a friendly communal space for asylum seekers in the region - http://dcrs-plymouth.org/</p> <p>The Zone – offer a wide range of information, advice, counselling and support services to young people - www.thezoneplymouth.co.uk</p> <p>Hamoaze house – provides a “whole family” approach to support and rehabilitation - http://hamoazehouse.org.uk/</p> <p>Simply Counselling – offer affordable quality counselling for everyone living and working in Plymouth - www.simplycounselling.org</p> <p>Marbles lost and found – Mental health website offering support and information - www.marbleslostandfound.co.uk/home</p> <p>Harbour – Drug & Alcohol Treatment Services in Plymouth - http://www.harbour.org.uk/</p>	<p>START - Supporting refugees to settle in Plymouth and the far southwest - http://www.studentsandrefugeestogether.com/</p> <p>Diversity Business Incubator – To offer support for the Black, Asian, Minority Ethnicity (BAME) living in Devon to help them thrive in business and integrate effectively into their wider community - www.dbi.org.uk</p> <p>Groundworks – to create stronger, healthier communities, responsible business and greater prospects for local people - www.groundwork.org.uk/hubs/south</p>