

Samaritans

0808 168 9111

24hrs

National Domestic Abuse Helpline

0808 2000 247

24hrs Free

NSPCC

0808 800 5000

24hrs

Mind

0300 123 3393

Mon-Fri 9-6

Victim Support

0808 168 9111

24hrs

Respect - Men's Advice Line

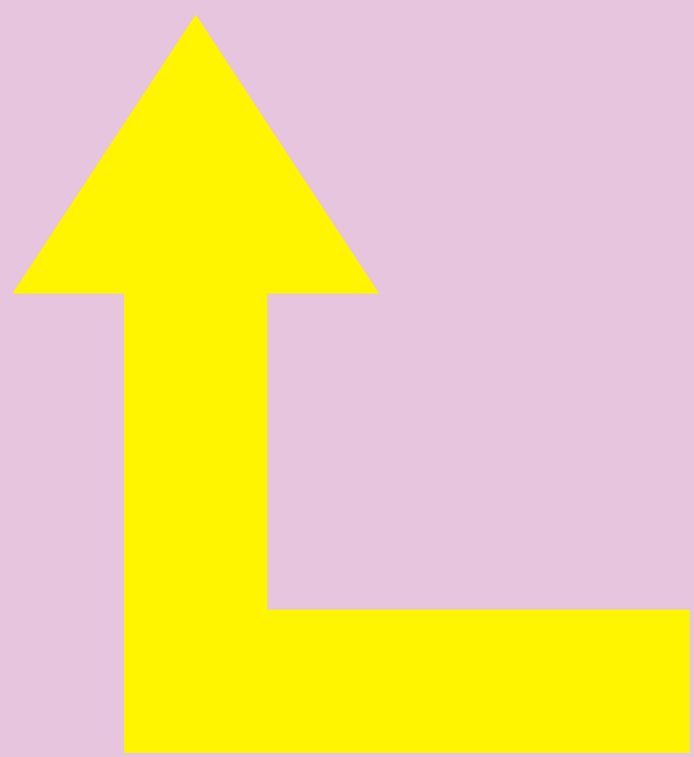
0808 801 0327

**Mon-Fri 9-5
(Mon/Wed 9-8)**

Action on Elder Abuse

0808 808 8141

24hrs Free



Macmillan

0808 808 0000

7days 9-5

National Centre for Domestic Violence

0800 970 2070

Childline

0800 1111

7days 9-Midnight

Cruse Bereavement

0808 808 1677

Mon-Fri